

October 2018

News from the Office on the Status of Women

Next Iowa Commission on the Status of Women meeting:

Oct. 25th, 11 a.m. - 1 p.m.



The next Iowa Commission on the Status of Women meeting will be held on Thursday, October 25th from 11 a.m. to 1 p.m. in room 319 of the Lucas State Office Building, located at 321 E. 12th St. in Des Moines. The agenda will be posted here 48 hours in advance of the meeting.

This meeting is open to the public. For accommodations, please contact Kristen Corey at kristen.corey@iowa.gov at least 48 hours in advance of the meeting.

October is Domestic Violence Awareness Month

The Safe at Home Program and the "Share Their Story" Initiative

Survivors of domestic violence often live in constant fear. Their days are filled with anxiety, knowing that their offender might strike again. Sadly, this is a scenario many lowans face every day. There were almost 3,000 domestic violence-related convictions in the state of lowa in 2017. Nationally, one in four women and one in seven men have experienced severe physical violence by an intimate partner during their lifetime. Many of us know

someone who is a victim of one of these heinous crimes, or perhaps you are even a survivor yourself.

This October during Domestic Violence Awareness Month, the Safe at Home program is raising awareness for domestic violence by launching an initiative called "Share Their Story." This initiative is a chance for our community to share survivors' stories to raise awareness and to point people to community resources.



Oftentimes, people who experience domestic violence are not comfortable sharing their stories publicly. "Share Their Story" allows the public to hear two different stories from lowans that are spoken by different members of the community and encourages us as fellow members of the community to break the silence surrounding domestic violence. To view these powerful videos and participate in this initiative, visit www.sharetheirstory.net

By sharing stories of domestic violence, we hope to raise awareness for the need of programs like Safe at Home. Safe at Home is a statewide address confidentiality program that helps survivors of domestic violence, sexual assault, trafficking and stalking. The program provides participants with a substitute address, mail forwarding, confidential voter registration and absentee voting. Participants in the program can engage in civic activities such as voting via absentee ballot, obtaining a driver's license, and registering their children for school, while still ensuring their address remains private. The Safe at Home program is most effective for participants who have recently relocated, as it is not possible to redact addresses that are already listed on public records.

Since its launch in January 2016, hundreds of lowans have benefited by adding the Safe at Home program as part of their safety plan. If you or someone you know is looking for a way out, Safe at Home can help. For more information or an application, visit the website at www.safeathome.iowa.gov or call the office at 515-725-7233. For crisis support, contact the lowa Victim Service 24-Hour Helpline at 1-800-770-1650 or text IOWAHELP to 20121.

Guest author: Melanie Shellenberger, Director of the Safe at Home program, Iowa Secretary of State office, Des Moines, Iowa

It's Breast Cancer Awareness Month: **Know the Facts**

In the United States:

- One in eight women will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- Breast cancer is the second leading
- cause of cancer death among women.



Each year it is estimated that over 252,710 women in the U.S. will be diagnosed with breast cancer and more than 40,500 will die.

- Although breast cancer in men is rare, an estimated 2,470 men will be diagnosed with breast cancer and approximately 460 will die each year.
- On average, every 2 minutes a woman is diagnosed with breast cancer and 1 woman will die of breast cancer every 13 minutes.
- Over 3.3 million breast cancer survivors are alive in the U.S. today.

Early detection is important!

For resources about early detection, visit: https://www.nationalbreastcancer.org/about-breast-cancer/early-detection/breast-cancer-resources.

Statewide/Community Announcements

Iowa Latino Hall of Fame to take place on Saturday, October 20th

Five remarkable lowans, including a Latino youth and a Latino Ambassador, will be inducted into the Second Iowa Latino Hall of Fame on Saturday, October 20, 2018, at 9:30 a.m. at the Iowa State Historical Building, 600 East Locust Street, Des Moines, Iowa. Spanish and ASL interpretation will be provided.

The Iowa Latino Hall of Fame is held around National Latino & Hispanic Heritage Month, September 15 to October 15, which celebrates and honors the contributions made by Latinos in the United States.

Highlights include:

Latino Hall of Fame Awards to:

- · Ernest Rodriguez, Bettendorf, IA
- · Salvador (Chavo) Lopez, Davenport, IA
- Warren Morrow (posthumous), Des Moines, IA

The First Iowa Latinx Youth Leadership Award to:

Vanessa Espinoza, Columbus Junction, IA

The First Iowa Latino Ambassador Award for Equity and Justice to:

Governor Robert D. Ray (posthumous), Des Moines, IA

To celebrate the honorees, their families and friends, the lowa Commission of Latino Affairs will host a reception immediately following the ceremony in the atrium of the lowa State Historical Building. The reception is free and open to the public and sponsored by Community 1st Credit Union. Attendees do not need to register.

The Iowa Latino Hall of Fame was established by the Iowa Commission of Latino Affairs. Awards will be presented to the recipients by Lorena Gingerich, chair of the 2018 Iowa Latino Hall of Fame selection committee; Nick Salazar, community member and member of the selection committee; and members of the Iowa Commission of Latino Affairs.

Do you know a high school student interested in becoming a page in the lowa legislature?

The lowa Legislature is looking for high school students to learn more about the legislative process by applying to serve as a Legislative Page for the 2019 Legislative Session.

Legislative Pages provide invaluable assistance to representatives and staff by running errands, delivering messages, and distributing bills and amendments. Pages also assist legislative members at committee meetings and help the chairperson by handing out materials during the meetings. Pages will work with staff and legislators in the Iowa State Capitol building.

Applications are being accepted <u>until the end of today</u>, Friday, October 5, 2018. Guidelines for the program:

- Student must be 16 years of age
- Applications are accepted for the Senate, House, or Legislative Services Agency
- · Uniforms are provided
- · Living arrangements are unsupervised and must be found on your own
- · Students are responsible for transportation to and from the State Capitol
- This is a paid position and some excused absences are permitted
- Students are expected to be able to handle any school responsibilities
- Parental permission is required to participate in this program

For more details and how to apply go to www.legis.iowa.gov/agencies/careers.

Young Women's Resource Center (YWRC) in Des Moines to host: "Breaking Barriers: A Celebration of Female Firsts"

Breaking Barriers: A Celebration of Female Firsts will be held on November 5th, 5:30-7:30pm, at the Historical Building, located at 600 E. Locust St. in Des Moines. As part of their 40th Anniversary Series, the YWRC will be honoring 40 incredible women whose accomplishments have broken barriers in Iowa. The event will include a brief program, a panel discussion and a reception that will include informational displays as well as light hors d'oeuvres. The event is free and open to the public.

For more information, visit: https://ywrc.org/40th/

In the News: Women and girls in Iowa, the nation & the world

- Bloomberg: <u>U.S. married men are earning much more than others in America</u>
- CNN: <u>Sexual assault and harassment linked to long-term health problems for women, study says</u>
- · CNN: When pads are a luxury, getting your period means missing out on life
- Forbes: Female Lawyers Face Widespread Gender Bias, According To New Study

- Governing: <u>As Sexual Harassment Reforms Stall in Congress</u>, <u>Statehouses Take</u> the <u>Lead</u>
- Governing: The Economy Is Growing. These Workers' Paychecks Aren't.
- Iowa Public Radio: The Nobel Prize In Physics: 117 Years, 3 Women And Counting
- NPR: <u>Building Strength And Resilience After A Sexual Assault: What Works</u>
- NPR: How daughters are talking to their fathers about sexual assault
- NPR: Women veterans show off fighter jets in campaign ads, but also their minivans
- National Women's Law Center: <u>Out of the Shadows: An Analysis of Sexual</u> <u>Harassment Charges Filed by Working Women</u>
- New York Times: The Effect of Intersectionality in the Workplace
- New York Times: <u>Nobel Prize in Chemistry Goes to a Woman for the Fifth Time in History</u>
- New York Times: <u>The Old Rules of the Workplace Aren't Working</u>. At Least Not for Women.
- New York Times: <u>California's Publicly Held Corporations Will Have to Include</u> Women on Their Boards
- Reuters: Many women never heard of a baseline mammogram
- Washington Post: <u>Senate votes 51 to 49 to advance Kavanaugh nomination for the Supreme Court</u>

Upcoming Events/Seminars/Conferences

- · October 11: International Day of the Girl
- October 11: 50-50 in 2020 hosts its annual Equity for Women award celebration in Cedar Rapids
- October 11: <u>Iowa Center for Economic Success to host "Work for Yourself @50"</u> <u>workshop</u> in Clive
- October 12: Rising Up Against Sexual Abuse luncheon in Bettendorf
- October 16: <u>lowa Summit on Justice and Disparities conference</u> in Ankeny
- October 16: lowa Women Lead Change Dubuque conference
- October 16: Evidence-Informed Practices to Serve Asian and Pacific Islander
 Survivors of Domestic Violence (Webinar by the Asian Pacific Institute on Gender Based Violence)
- October 17: <u>Corridor Women Connect presents: The Science Behind Lasting Leadership in Cedar Rapids</u>
- October 18: NAWBO Iowa hosts "From I to We" in West Des Moines
- October 18-19: <u>National Association of Social Workers Iowa annual symposium</u> in Des Moines
- October 27: Wine, Women and Shoes fundraiser for the Iowa Coalition Against Domestic Violence in Des Moines

- November 1-2: <u>The Way Up Conference</u> (for women in higher education in Iowa) in Coralville
- November 2-3: <u>2018 Women</u>, <u>Food and Agriculture Network annual conference</u> in Des Moines
- November 6-7: <u>lowa Women Lead Change Central lowa conference</u>
- November 16: Second annual Women for Water Gathering in Des Moines
- November 16: Iowa Safe Schools Trans Education Summit in Des Moines

Note: If you have an event taking place for women in lowa that you would like to see added, please send it to women@iowa.gov.



Find us on <u>Facebook</u> and <u>Twitter!</u>

Kristen Corey | Program Planner
Office on the Status of Women | Iowa Department of Human Rights
Lucas State Office Building 321 E 12th Street | Des Moines, IA 50319
women@iowa.gov